

Hula Hoop Jam

The goal of the jams are to provide an open inviting space where hoopers and other prop enthusiasts (jugglers, poi, staff, etc.) of ANY age and skill level may come to freely practice their skills and just have fun!

The jams do not follow a structured class format. The intention is to provide a space where everyone has the chance to express their creativity freely. Though a 'hoop host' is always available to answer any questions and provide tips, it is with hopes that the jams will create an open environment where everyone can learn from eachother... don't be afraid to ask your neighbouring hooper for help or feel free to compliment eachother on an trick!

An ipod dock is provided and participants are encouraged to bring music they may wish to listen to. Spare hoops are limited so please bring along your hoop if you have one. Need a hoop? Contact local hoopmakers through their websites!

www.hulahoopster.com or www.hoopplay.ca

To be added to the mailing list for updates and info about the jam please notify hoop host Kat at: sonokat@ml1.net