



**Take a FREE TEST-DRIVE
and Ford of Canada will donate
up to \$6,000 to your community!**

For every test drive taken on Saturday, October 3rd,
Fitness Lifestyles earns \$20!

The Fitness Lifestyles program promotes better mental health
through better physical health.

**Taking place at Mental Health & Addiction Services
314 Duchess Street
Saturday, October 3rd at 11am to 4pm**

To pre-register, please go to the following website:

www.drive4ur.com/en/fitnessfundraiser/register

You don't have to pre-register to participate – just stop by, but make sure to
bring your Valid Driver's License!

Bake Sale!

Help fundraise for a great program and drive a new Ford!

**BBQ!
\$2**

**Join us for our Fundraiser and help us kick-off Mental Illness Awareness Week:
October 4-10, 2015**

Mental Illness Awareness week focuses attention on mental disorders: signs and symptoms, how to get help, stigma, hope and recovery, and the impact of mental illness on lives, families, workplaces and society.

**SUMMER 2015
www.cityparksask.com**